



FUNDRAISING SUPPLIES AND SUPPORT CHECKLIST

The ME Association
7 Apollo Office Court
Radclive Road
Gawcott
Bucks MK18 4DF

Fund Raising Office: 01280 838964

Email: Helen.Hyland@meassociation.org.uk

Website: www.meassociation.org.uk

Dear Fundraiser,

Thank you for thinking of The ME Association.

And thank you for your kind offer of fundraising to help support people with ME/CFS.

We want to be able to support your efforts as best we can. As you'll see, we have a range of posters, leaflets and other supplies to help your fundraising and to help you to explain ME to others. Please complete this form and return it to us – by post or by emailing a scan of the completed form to me and we'll try to get supplies out to you by return.

We are often asked if we have any merchandise to sell. We have a small selection of gifts and other merchandise that you might also find useful to support your fundraising. These include MEA pin badges, extra T shirts and hoodies (for supporters), wristbands, trolley/locker coins, Christmas and other greetings cards. You'll find them all listed on our website www.meassociation.org.uk/shop/gifts. Alternatively they may also be ordered direct from our office by calling 01280 818964.

Good luck with both your fundraising and your preparations. If you need any further help with fundraising efforts, please do not hesitate to get back in touch with me.

Thank you again for thinking of fundraising for The ME Association.

Regards

Helen Hyland
Fundraising Manager

01280 838964
Helen.hyland@meassociation.org.uk





THE ME ASSOCIATION FUNDRAISING SUPPLIES AND SUPPORT CHECKLIST

YOUR CONTACT DETAILS:

Name
Address and Postcode
Email address
Contact telephone number



T SHIRTS

Our splendid purple **ME It's Real Its Physical** T-shirts are free to our fundraisers. **Please tell us your size (generous S,**

M, L, XL, or XXL). You can order further supplies for your support team from our office or our website: www.meassociation.org.uk



IF ONLY I FELT – A4 POSTER

M.E. is an invisible illness, but this poster captures the difference between how people with M.E. look, and how they actually feel.

Please tell us how many you would like.



ME HURTS!

Our supporters describe how their M.E. feels. Ideal for describing this cruel illness to others.

Please tell us how many you would like.



FUNDRAISING LEAFLET

To give you ideas for events that you could organise to supplement or support your challenge fundraising.

Please tell us how many you would like.

JUST WHAT IS ME – FACTSHEET

How M.E. is caused, its symptoms and treatment. **Please tell us how many you would like.**

SPONSORSHIP FORM

For family and friends who prefer not to donate online. These forms help you to keep track of direct donations and enable ME Association to reclaim valuable gift aid. **Please tell us how many you would like.**



FLATPACK CARDBOARD BOXES

For collections at events, or leaving on local shop or restaurant counters or simply for you to collect loose change. **Please tell us how many you would like.**

DONATION ENVELOPE

If you are hosting an event or family celebration for M.E., then use these envelopes to help us recover valuable gift aid on guests' donations. **Please tell us how many you would like.**

EVENT POSTER

Many fundraisers make their own event posters, but if you want help, please tell us about your event - its name, date, time, place and any entry fee.

Please tell us how many you would like.

A PRESS RELEASE?

To increase awareness of M.E, and as time and resources allow, we try to publicise efforts of our fundraisers in their local papers. Would you be happy for us to use your name in any publicity? **Please answer Y/N.**



BALLOONS!

Please tell us how many you would like.

DISCLAIMER: This information will only be used for the purposes of your fundraising campaign and will not be shared either within the ME Association or with outside organisations. If you would like to be added to an emailing list to receive further news after your campaign is finished, please tick here.