



GOING BLUE FOR M.E.

The ME Association
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HOW YOU GO BLUE IS ENTIRELY UP TO YOU

WE'RE SIMPLY HERE TO SUPPORT YOU AS BEST WE CAN

IN SUPPORT OF THE 250,000 PEOPLE SUFFERING WITH
MYALGIC ENCEPHALOPATHY IN THE UK TODAY

If you want to chat through your ideas, to explore what you could do
and how to go about it, do please get in touch.

If you need posters, leaflets or other supplies, to promote your activity or to help you to explain M.E. to others, please complete this form and return it to us as soon as you can – by post or by sending a scanned copy of page 2 by email. And if you need help, advice or authority for raffles, street collections, and charity auctions, do please get in touch. We can help you to get the most out of your day.

Once you've decided what to do, please consider joining our official **Go BLUE** team in our **JustGiving Campaign** - www.justgiving.com/campaigns/charity/meassociation/gobblue4me-2018. Just click on the 'Start Fundraising' tab to set up your page.

We also carry a small selection of gifts and other merchandise that you might find useful to support your event. You can purchase MEA pin badges, T shirts for supporters, wristbands, trolley/locker coins from our online shop at: www.meassociation.org.uk/shop/gifts or direct from our office.

Good luck with both your fundraising and your preparations. If you need any further help or support, please do not hesitate to get in touch with me.

Thank you for thinking of going BLUE for M.E. in 2018.

Regards

Helen Hyland, Fundraising Manager



THE ME ASSOCIATION FUNDRAISING SUPPLIES FOR GO BLUE 2018

YOUR CONTACT DETAILS:

Name
Address and Postcode
Email address
Contact telephone number

I M GOING BLUE FOR M.E.



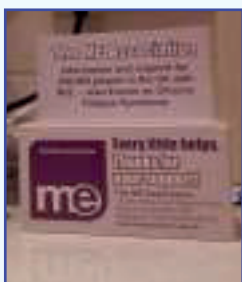
ONE FREE T SHIRT

One of our splendid *ME It's Real Its Physical* T-shirts is free to our fundraisers. *Please tell us your size (generous S, M, L, XL, or*

XXL. You can order further supplies for your support team from our office or via our online shop: www.meassociation.org.uk/shop/gifts

SPONSORSHIP FORM

For family and friends who prefer not to donate online, we provide a customed sponsor form. These forms help you to keep track of direct donations and enable ME Association to reclaim valuable gift aid. *Please tell us how many you would like.*



FLATPACK CARDBOARD BOXES

For use in collections at functions or events, or to leave on local shop or restaurant counters or simply for your own use to collect up loose change when purses or pockets start to

bulge. *Please tell us how many you would like.*

GIVE JAMIE A CHANCE LEAFLET

This emotive leaflet tells the story of one of our younger members: Jamie went from being a typically active teenager to bed-ridden because of ME. *Please tell us how many you would like.*

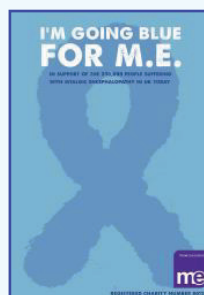
JUST WHAT IS ME - FACTSHEET

This describes how it is caused and how it makes people feel. *Please tell us how many you would like.*



INFORMATION SHEET

The *I'm going BLUE for ME* information sheet explains why we **GO BLUE** in ME Awareness Week. *Please tell us how many you would like.*



BLANK EVENT POSTER

For you to overwrite or overtype the details of your own event. *Please tell us how many you would like.*

A PRESS RELEASE TO RAISE AWARENESS?

Where we can, and as time and resources allow, we try to publicise the efforts of our supporters in their local papers. Would you be happy for us to use your name in any publicity?

Please answer Yes / No

FUNDRAISING LEAFLET

Short of ideas? This brief leaflet should help you find inspiration on what you might do for M.E.

Please tell us how many you would like.



BALLOONS!

A great addition to all your fundraising events! *Please tell us how many you would like.*