

GIFT AID DECLARATION

Please tick the box so we receive £1.28 for every £1 you donate

From 6th April 2000, anyone who pays Income Tax and Capital Gains Tax in the UK has had the freedom to declare payments they make to charities as 'Gift Aid.'

Regardless of the size or number of any donations or subscriptions, such a declaration will enable The ME Association to reclaim tax and effectively increase the value of the payment (and, if you wish, future payments) to us – provided the total amount in Gift Aid payments you make does not exceed the total amount of Income Tax and Capital Gains Tax you may pay in the same financial year. During the current financial year, we can claim a further 28p for every £1 you send us.

PLEASE TICK THIS BOX so we can claim back tax on your money.

'I want The ME Association to reclaim tax on all my past, present and future payments (currently 28p for every pound contributed). I pay sufficient tax (income tax and capital gains) to cover the amount The ME Association will reclaim.'

TICKING THE BOX ALLOWS US TO CLAIM BACK ALL THE TAX ON YOUR PAYMENT. If your circumstances change and you become a non-taxpayer please let The MEA know.

- Please notify us if you change your name or address while the declaration is in force.
- You can cancel the declaration at any time by notifying us – it will then not apply to donations you make on or after the date of cancellation or such later date as you specify.
- You must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax the charity reclaims on your donations/subscriptions in the tax year (28p for every £1 you give during the current financial year).

NOTES TO DECLARATION

1. If in the future your circumstances change and you no longer pay tax on your Income or Capital Gains equal to the tax that The ME Association reclaims, you can cancel your declaration.
2. If you pay tax at the higher rate, you can claim further tax relief in your Self-Assessment tax return.
3. If you are unsure whether your donations/subscriptions qualify for Gift Aid tax relief, please ask us, or you can ask your local tax office for leaflet IR113 Gift Aid.

FINALLY

Please send your completed form together with any cheque or postal order to:

The ME Association, 4 Top Angel, Buckingham Industrial Park, Buckingham MK18 1TH

Thank you for your support

informing and supporting people affected by ME/CFS/PVFS



The ME Association Donation Form for The ME Association's Support Services with Gift Aid Declaration

ME/CFS is a disabling disease which is believed to affect over 150,000 people nationwide, 25,000 of these being children.

The ME Association is a UK national charity organised by people who understand its effects. Our support services offer help and information and deal with a large range of ME/CFS-related issues.

Our Work

We offer individual assistance by telephone, fax, letter and email through our ME Connect information and support service, the telephone service operating beyond office hours and every day of the year. We work to inform individuals, developing their self-advocacy skills to help them become expert patients.

We also work nationally in the areas of social and educational issues and instigate and contribute to meetings, lectures and seminars for medical and other professionals. Since 1994, The Association has distributed many thousands of copies of our booklet *ME/CFS/PVFS An Exploration of the key clinical issues* and its forerunner *Guidelines for the Care of Patients to General Practitioners* throughout the UK.

Much of our financial support comes from members and other interested individuals. Donations and the proceeds of your fundraising efforts are valuable to us and will be gratefully received. Core funding to support the basic activities of The MEA can be particularly difficult to raise and your contributions will also help support important services such as ME Connect and this website.

If you can help us, please complete the relevant sections opposite, **together with the Gift Aid declaration overleaf.**

Thank you.

I WISH TO MAKE A DONATION OF

£10 £25 £50 £75 £100 Other

Please select payment method A, B or C:

A: By cheque or postal order In payment of the above amount, I enclose

a cheque / postal order (*UK residents*) a Sterling Money Order or Sterling Eurocheque (*outside UK*)

B: By credit / debit card I authorise you to charge my credit / debit card account for the above amount

Visa Mastercard Switch Issue No.: Valid From: / Expiry Date: /

Card number

Cardholder's signature..... Date.....

C: By banker's order to The ME Association

Official use only
Ref. No.

To (*name and address of your bank*)

Please pay to: Lloyds Bank plc, The Green, Stanford le Hope, Essex (Branch code 30-18-34; account No. 0047979) for the credit of the The ME Association, the sum of (*amount in words*)

Every month/quarter/year (*delete as appropriate*) commencing20.. and until further notice.

My Bank Branch Code is My Account No. is

Signature Name in full

Address

Post Code

ALL DONORS - Please enter your details (**BLOCK CAPITALS PLEASE**):

Title.....Forename(s).....Surname.....

Address.....

Post Code.....

E-mail address / Tel no.....

Membership Number, if applicable.....

Please complete the Gift Aid Declaration overleaf before sending your donation to us (address also overleaf).

Please detach here

Please detach here